

April 2026

Apple Valley Place of Charles City

ASSISTED LIVING



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:15 AM - Easter Egg Hunt with TLC kids 10:30 AM - Balloon Hockey 1:30 PM - April Fool's Party	10:00 AM - Resident Menu and Monthly Meeting 10:30 AM - Exercise w/ Fox 2:00 PM - Bingo 3:15 PM - Better with Laughter	10:00 AM - Reflections and Muffins 10:30 AM - Mindful Movement/Stretching 1:30 PM - Manicures 3:00 PM - Good Friday Afternoon Tea	10:00 AM - Coffee & Cha 2:30 PM - Bingo 3:30 PM - Quiet Corner Puzzle
10:00 AM - Tic Tac Toe Table Game 10:30 AM - Morning Worship on TV 2:00 PM - Apple Valley Theater "Driving Miss Daisy"	10:00 AM - Make Pen Pa Cards 10:30 AM - Movin & Groovin 2:00 PM - Lemonade and Brain Busters 2:30 PM - Finish Pen Pal Cards	10:00 AM - This or That 10:30 AM - Exercise w/Fox 2:00 PM - Bingo 3:15 PM - Nature Stroll	9:30 AM - The "Grace" Group 10:30 AM - Balloon Hockey 1:30 PM - "Roll One" Dice Game 3:00 PM - Cookie Club	9:30 AM - Home Made Butter Making 10:30 AM - Exercise w/ Fox 2:00 PM - Bingo 3:15 PM - Iowa History	10:00 AM - Name That Tune and Apple Slices 10:30 AM - Chair Yoga 1:30 PM - Spa Day 3:00 PM - Sweet Tooth Seniors	10:00 AM - Coffee & Cha 2:00 PM - Myths & Mocktails with Mariah, Care Initiatives Hospice 3:30 PM - Fresh Air Journey
10:00 AM - Checkers Challenge 10:30 AM - Morning Worship on TV 2:00 PM - Apple Valley Theater "Grumpy Old Men"	10:00 AM - Coffee & Cha 10:30 AM - Movin & Groovin 2:00 PM - Peach Cobbler, Peach Punch and Trivia 3:00 PM - Card Club	10:00 AM - Fact or Fiction Trivia 10:30 AM - Exercise w/Fox 2:00 PM - Bingo 3:30 PM - "Dairy Queen Burger Bash" Order Today	9:30 AM - The "Grace" Group 10:30 AM - Balloon Hockey 1:30 PM - Candy Dice Game 3:00 PM - Cookie Club	9:30 AM - Flashback Fun Trivia 10:30 AM - Exercise w/ Fox 2:00 PM - Bingo 3:00 PM - Alz. Support Group	10:00 AM - Melodies and Muffins 10:30 AM - Movin & Groovin 2:00 PM - Sam Crosser Piano Man 3:00 PM - Sweet Tooth Seniors	10:00 AM - Coffee & Cha 2:30 PM - Bingo 3:30 PM - Name That Tune
10:00 AM - Rummikub Game Time 10:30 AM - Morning Worship on TV 2:00 PM - Apple Valley Theater "Heidi"	10:00 AM - Coffee & Cha 10:30 AM - Chair Yoga 2:00 PM - Lemonade and Brain Busters 3:00 PM - Card Club	10:00 AM - Memory Lane Share 10:30 AM - Exercise w/Fox 2:00 PM - Bingo 3:15 PM - Nature Stroll	9:30 AM - The "Grace" Group 10:30 AM - Balloon Hockey 1:30 PM - "Charles City Museum Slide Show w/ Makenna 2:30 PM - "Plant, Nurture, Flourish"	9:30 AM - Flashback Fun Trivia 10:30 AM - Exercise w/ Fox 2:00 PM - Bingo 3:15 PM - "Picnic Day on Patio"	10:00 AM - Name That Tune and Yogurt Parfait 10:30 AM - Movin & Groovin 1:30 PM - Manicures 3:00 PM - Sweet Tooth Seniors	10:00 AM - Coffee & Cha 2:30 PM - Bingo 3:30 PM - Fresh Air Journey
10:00 AM - Ring Toss Game 10:30 AM - Morning Worship on TV 2:00 PM - Apple Valley Theater "Sister Act"	10:00 AM - Coffee & Cha 10:30 AM - Movin & Groovin 2:00 PM - Lemonade and Brain Busters 3:00 PM - Card Club	10:00 AM - Fact or Fiction Trivia 10:30 AM - Exercise w/Fox 2:00 PM - Bingo 3:30 PM - "Get Your Slice" Order Pizza Hut	9:30 AM - The "Grace" Group 10:30 AM - Balloon Hockey 1:30 PM - Left, Right, Center Dice Game 3:00 PM - Cookie Club	9:30 AM - Make May Baskets 10:30 AM - Exercise w/ Fox 2:00 PM - Bingo 3:15 PM - Iowa History		

* Activities are subject to change