

April 2026

Apple Valley Place of Charles City

Better Days



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Dimensions</b></p> <ul style="list-style-type: none"> <li>● Religious</li> <li>● Purposeful Life Station</li> <li>● Therapeutic</li> <li>● Physical Activity</li> <li>● Memory &amp; Brain Stimulation</li> </ul>			<ul style="list-style-type: none"> <li>● The "Grace" Group</li> <li>● Set The Tables</li> <li>● Easter Egg Hunt with TLC kids</li> <li>● Balloon Hockey</li> <li>● April Fool's Day Party</li> </ul>	<ul style="list-style-type: none"> <li>● Prayer Group</li> <li>● The Folding Circle</li> <li>● Exercise w/ Fox</li> <li>● Bingo</li> <li>● Better with Laughter</li> </ul>	<ul style="list-style-type: none"> <li>● Memory Chess Game</li> <li>● Reflections and Muffins</li> <li>● Mindful Movement/Stretching</li> <li>● Pass out Muffins</li> <li>● Good Friday Afternoon Tea</li> </ul>	<ul style="list-style-type: none"> <li>● Sort Silverware</li> <li>● Bible Reading</li> <li>● Bean Bag Toss</li> <li>● 60's Music and Relaxation</li> <li>● Morning Juice Social</li> </ul>
<ul style="list-style-type: none"> <li>● Walks and Talks</li> <li>● Classic Comedy Shows</li> <li>● Clean Tables</li> <li>● Connect Four</li> <li>● Morning Worship on TV Ch.13</li> </ul>	<ul style="list-style-type: none"> <li>● Dailey Devotions</li> <li>● Make Pen Pal Cards</li> <li>● Movin &amp; Groovin</li> <li>● Lemonade and Brain Busters</li> <li>● Movie and Popcorn</li> </ul>	<ul style="list-style-type: none"> <li>● Hymn Singing</li> <li>● Reminisce</li> <li>● Exercise w/Fox</li> <li>● Clear Tables</li> <li>● Nature Stroll</li> </ul>	<ul style="list-style-type: none"> <li>● Oliver Tractor Video and Chat</li> <li>● Tool Box Organizing</li> <li>● The "Grace" Group</li> <li>● Beach Ball Kickball</li> <li>● Cookie Club</li> </ul>	<ul style="list-style-type: none"> <li>● Prayer Group</li> <li>● Home Made Butter Making</li> <li>● Exercise w/ Fox</li> <li>● Bingo</li> <li>● Iowa History</li> </ul>	<ul style="list-style-type: none"> <li>● Make Grilled Cheese</li> <li>● Reflections</li> <li>● Name That Tune and Apple Slices</li> <li>● Chair Yoga</li> <li>● Sweet Tooth Seniors</li> </ul>	<ul style="list-style-type: none"> <li>● Bible Reading</li> <li>● Old Time Country Music</li> <li>● Morning Juice Social</li> <li>● Myths &amp; Mocktails with Mariah, Care Initiatives Hospice</li> </ul>
<ul style="list-style-type: none"> <li>● Courtyard Stroll</li> <li>● Hot Potato Game</li> <li>● Classic Comedy Shows</li> <li>● Clean Tables</li> <li>● Morning Worship on TV Ch.13</li> </ul>	<ul style="list-style-type: none"> <li>● Dailey Devotions</li> <li>● Name That Tune</li> <li>● Organize Magazines</li> <li>● Movin &amp; Groovin</li> <li>● Peach Cobbler, Peach Punch and Trivia</li> </ul>	<ul style="list-style-type: none"> <li>● Tic Tac Toe Table Game</li> <li>● Gone Fishing</li> <li>● Hymn Singing</li> <li>● Exercise w/Fox</li> <li>● Clear Tables</li> </ul>	<ul style="list-style-type: none"> <li>● Canvas Art Painting</li> <li>● Ballon Volleyball</li> <li>● Set The Tables</li> <li>● The "Grace" Group</li> <li>● Cookie Club</li> </ul>	<ul style="list-style-type: none"> <li>● Fill Bird Feeders</li> <li>● Prayer Group</li> <li>● The Folding Circle</li> <li>● Exercise w/ Fox</li> <li>● Bingo</li> </ul>	<ul style="list-style-type: none"> <li>● Tic Tac Toe Table Game</li> <li>● Reflections</li> <li>● Movin &amp; Groovin</li> <li>● Sam Crosser Piano Man</li> <li>● Sweet Tooth Seniors</li> </ul>	<ul style="list-style-type: none"> <li>● Sort the Mail</li> <li>● Bean Bag Toss</li> <li>● Bible Reading</li> <li>● Fill Bird Feeders</li> <li>● Morning Juice Social</li> </ul>
<ul style="list-style-type: none"> <li>● Clean Tables</li> <li>● Walks and Talks</li> <li>● Connect Four</li> <li>● Classic Comedy Shows</li> <li>● Morning Worship on TV Ch.13</li> </ul>	<ul style="list-style-type: none"> <li>● Dailey Devotions</li> <li>● Fill Salt and Pepper Shakers</li> <li>● Coffee &amp; Chat</li> <li>● Chair Yoga</li> <li>● Lemonade and Brain Busters</li> </ul>	<ul style="list-style-type: none"> <li>● Hymn Singing</li> <li>● Decorate Shadow Boxes</li> <li>● Sort Seed Packets</li> <li>● Memory Lane Share</li> <li>● Exercise w/Fox</li> </ul>	<ul style="list-style-type: none"> <li>● Makenna from Charles City Museum Presentation</li> <li>● The "Grace" Group</li> <li>● Beach Ball Kickball</li> <li>● "Plant, Nurture, Flourish"</li> </ul>	<ul style="list-style-type: none"> <li>● Prayer Group</li> <li>● The Folding Circle</li> <li>● Exercise w/ Fox</li> <li>● Bingo</li> <li>● "Picnic Day on Patio"</li> </ul>	<ul style="list-style-type: none"> <li>● Manicures</li> <li>● Reflections</li> <li>● Name That Tune and Yogurt Parfait</li> <li>● Movin &amp; Groovin</li> <li>● Sweet Tooth Seniors</li> </ul>	<ul style="list-style-type: none"> <li>● Bible Reading</li> <li>● Old Time Country Music</li> <li>● Sort Bolts and Nuts</li> <li>● Morning Juice Social</li> <li>● Fresh Air Journey</li> </ul>
<ul style="list-style-type: none"> <li>● Courtyard Stroll</li> <li>● Table Skee-Ball</li> <li>● Clean Tables</li> <li>● Classic Comedy Shows</li> <li>● Morning Worship on TV Ch.13</li> </ul>	<ul style="list-style-type: none"> <li>● Movie and Popcorn</li> <li>● Dailey Devotions</li> <li>● Coffee &amp; Chat</li> <li>● Movin &amp; Groovin</li> <li>● Lemonade and Brain Busters</li> </ul>	<ul style="list-style-type: none"> <li>● Fill Bird Feeders</li> <li>● Hymn Singing</li> <li>● Checkers Challenge</li> <li>● Exercise w/Fox</li> <li>● Clear Tables</li> </ul>	<ul style="list-style-type: none"> <li>● Cookie Club</li> <li>● Rockin' to the 50's</li> <li>● Ballon Volleyball</li> <li>● Clean Garden Tools</li> <li>● The "Grace" Group</li> </ul>	<ul style="list-style-type: none"> <li>● Allis Chalmers Tracto Videos</li> <li>● Prayer Group</li> <li>● Make May Baskets</li> <li>● Exercise w/ Fox</li> <li>● Bingo</li> </ul>		

\* Activities are subject to change