

March 2026

Apple Valley Place of Charles City

Better Days



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> <li>Walks and Talks</li> <li>Puzzle Time</li> <li>Sunday Sitcoms</li> <li>Church on TV</li> </ul> <b>01</b>	<ul style="list-style-type: none"> <li>Resident Menu Meeting</li> <li>Movin &amp; Groovin</li> <li>Hot Chocolate and Head Scratchers</li> <li>Card Club</li> </ul> <b>02</b>	<ul style="list-style-type: none"> <li>Set The Tables</li> <li>This or That</li> <li>Exercise w/Fox</li> <li>Bingo</li> </ul> <b>03</b>	<ul style="list-style-type: none"> <li>Resident Monthly Meeting</li> <li>Balloon Volleyball</li> <li>Left, Right Dice Game</li> <li>Cookie Club</li> </ul> <b>04</b>	<ul style="list-style-type: none"> <li>Hymn Singing</li> <li>Better with Laughter</li> <li>Exercise w/ Fox</li> <li>Bingo</li> </ul> <b>05</b>	<ul style="list-style-type: none"> <li>Melodies and Muffins</li> <li>Movin &amp; Groovin</li> <li>Manicures</li> <li>Sweet Tooth Seniors</li> </ul> <b>06</b>	<ul style="list-style-type: none"> <li>Spiritual Group</li> <li>Scavenger Hunt</li> <li>Coffee &amp; Social</li> <li>Bingo</li> </ul> <b>07</b>
<ul style="list-style-type: none"> <li>Apple Valley Theater "Mrs. Doubtfire"</li> <li>Memory Chess Game</li> <li>Sit and Stretch</li> <li>Church on TV</li> </ul> <b>08</b>	<ul style="list-style-type: none"> <li>Coffee &amp; Chat</li> <li>Movin &amp; Groovin</li> <li>Hot Chocolate and Head Scratchers</li> <li>Card Club</li> </ul> <b>09</b>	<ul style="list-style-type: none"> <li>Decorate Shadow Boxes</li> <li>This or That</li> <li>Exercise w/Fox</li> <li>Bingo</li> </ul> <b>10</b>	<ul style="list-style-type: none"> <li>Balloon Volleyball</li> <li>State Patrol Wyatt Ronnebaum Presentation</li> <li>Candy Dice Game</li> <li>Cookie Club</li> </ul> <b>11</b>	<ul style="list-style-type: none"> <li>Care Initiatives Hospice Pet Therapy "Amy and her dog Raven"</li> <li>Better with Laughter</li> <li>Exercise w/ Fox</li> <li>Bingo</li> </ul> <b>12</b>	<ul style="list-style-type: none"> <li>Fold Clothes</li> <li>Melodies and Muffins</li> <li>Movin &amp; Groovin</li> <li>Sips with Seniors "Tea Party"</li> </ul> <b>13</b>	<ul style="list-style-type: none"> <li>Hot Potato Game</li> <li>Spiritual Group</li> <li>Coffee &amp; Social</li> <li>Music Therapy</li> </ul> <b>14</b>
<ul style="list-style-type: none"> <li>Clear Tables</li> <li>Bowling</li> <li>Apple Valley Theater "Black Beauty"</li> <li>Church on TV</li> </ul> <b>15</b>	<ul style="list-style-type: none"> <li>Coffee &amp; Chat</li> <li>Movin &amp; Groovin</li> <li>Hot Chocolate and Head Scratchers</li> <li>Card Club</li> </ul> <b>16</b>	<ul style="list-style-type: none"> <li>This or That</li> <li>Exercise w/Fox</li> <li>Shamrock Smash Party(Bean Bag Toss, Puzzle Race, Shamrock Punch Board, Clover Hunt and more activities)</li> </ul> <b>17</b>	<ul style="list-style-type: none"> <li>The "Grace" Group</li> <li>Balloon Volleyball</li> <li>Left, Right Dice Game</li> <li>Cookie Club</li> </ul> <b>18</b>	<ul style="list-style-type: none"> <li>Checkers</li> <li>Better with Laughter</li> <li>Exercise w/ Fox</li> <li>Bingo</li> <li>Alz. Support Group</li> </ul> <b>19</b>	<ul style="list-style-type: none"> <li>Melodies and Muffins</li> <li>Movin &amp; Groovin</li> <li>Sam Crosser Piano Man</li> <li>Sweet Tooth Seniors</li> </ul> <b>20</b>	<ul style="list-style-type: none"> <li>Spiritual Group</li> <li>50's Sing Along</li> <li>Coffee &amp; Social</li> <li>Bingo</li> </ul> <b>21</b>
<ul style="list-style-type: none"> <li>Apple Valley Theater "Chitty Chitty Bang Bang"</li> <li>Bean Bag Toss</li> <li>Word Trivia Game</li> <li>Church on TV</li> </ul> <b>22</b>	<ul style="list-style-type: none"> <li>Coffee &amp; Chat</li> <li>Movin &amp; Groovin</li> <li>Hot Chocolate and Head Scratchers</li> <li>Card Club</li> </ul> <b>23</b>	<ul style="list-style-type: none"> <li>Sort Silverware</li> <li>This or That</li> <li>Exercise w/Fox</li> <li>Bingo</li> </ul> <b>24</b>	<ul style="list-style-type: none"> <li>Tim The Music Man</li> <li>Balloon Volleyball</li> <li>Candy Dice Game</li> <li>Cookie Club</li> </ul> <b>25</b>	<ul style="list-style-type: none"> <li>Care Initiatives Hospice Pet Therapy "Amy and her dog Raven"</li> <li>Better with Laughter</li> <li>Exercise w/ Fox</li> <li>Bingo</li> </ul> <b>26</b>	<ul style="list-style-type: none"> <li>Melodies and Muffins</li> <li>Movin &amp; Groovin</li> <li>Manicures</li> <li>Sweet Tooth Seniors</li> </ul> <b>27</b>	<ul style="list-style-type: none"> <li>Spiritual Group</li> <li>Walks and Talks</li> <li>Coffee &amp; Social</li> <li>Bingo</li> </ul> <b>28</b>
<ul style="list-style-type: none"> <li>Show and Tell</li> <li>Sit and Stretch</li> <li>Church on TV</li> <li>Devotion &amp; Communion w/ Tate Duckett</li> </ul> <b>29</b>	<ul style="list-style-type: none"> <li>Coffee &amp; Chat</li> <li>Movin &amp; Groovin</li> <li>Hot Chocolate and Head Scratchers</li> <li>Card Club</li> </ul> <b>30</b>	<ul style="list-style-type: none"> <li>Joy of Coloring</li> <li>This or That</li> <li>Exercise w/Fox</li> <li>Midnight Riders Music</li> </ul> <b>31</b>				

\* Activities are subject to change